

INSIDE THE GUIDE ©

Why Buy Local	7
Expand Your Flavor Horizons	8
Know Your Grower1	0
Color Your Palate	2
Double Up Food Bucks	4
Regional Market Guide Guía de Mercados Regionales 1	6
Food, Family and Fun	0
Savor Every Season	2
Fresh Local Recipes	4
Nurturing Our Communities 3	8
GoodFoodNM 3	9
The New Mexico Farmers' Marketing Association	10

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On the cover: Martha Shepp at Daniel Carmona's Cerro Vista Farm in Cerro, NM. Photo by: Elizabeth Evans.



LOCAL FOOD IS FOR EVERYONE!

Double Up Food Bucks helps

New Mexicans bring home

more locally grown food by

doubling the value of SNAP

dollars spent at participating

farmers' markets, farm stands,

CSAs, and grocery stores.



Learn more at DoubleUpNM.org

Obtenga más informaciór en DoubleUpNM.org

¡Bienvenidos!

If you've picked up this guide, it's probably safe to say that we have a few things in common.

You love food? We love food too!

We all crave fresh, flavorful ingredients. We also care about where our food comes from, and how it was raised.

We know that New Mexico's local flavor isn't just about the food. It's also about the melding of the people, places, and cultures that make this state one of the tastiest places on the planet.

Inside this guide you'll find a wealth of information to help you navigate the bounty of New Mexicogrown food, and the locations of all your friendly neighborhood farmers' markets, farm stands, CSAs (Community Supported Agriculture) and grocers who carry locally grown food.

Whether you're a seasoned foodie or a curious newcomer, we're pretty sure there's something here for you. So dig in!

Tastefully yours, The New Mexico Farmers' Marketing Association







EAT LOVE LIVE LOCAL





WHY BUY LOCAL?

Making your world a little bit better, one tasty bite at a time.

Because it's harvested close to home, locally grown food is fresher. And that means **more** flavor, better texture, more vibrant color and superior nutrition.

But that's just the beginning.

Locally grown food is generally produced using less chemicals and pesticides. And because it doesn't have to be shipped halfway around the world, it helps reduce our carbon footprint.

Buying local directly supports people in our own communities, which keeps money right here in New Mexico where it **boosts the local economy.**

In short, local food is just good.

Good for your family, good for your community, good for the economy, and good for the planet. **So good for you!**

New Mexico farmers' markets, farm stands, CSAs, and select grocers offer truly local flavor with unique produce varieties that will take your tastebuds off the beaten path.



expand your flavor

Quelites/Lamb's Quarters

Native and wild, these goose foot-shaped leaves can be substituted for spinach in any dish. Just pluck the leaves off the stems before cooking, rinse, and either steam or sauté.





Native Melons

The Spanish introduced melons into the greater Southwest, and many ancient varieties are still bountiful in the region. The fruits are varied with orange, green, or white flesh, and skins that are smooth, ribbed, or netted.

Indian Masa Corn

Often dried for decoration, this colorful corn can also be ground into masa, or corn meal, that can then be used for anything from grits and polenta, to tortillas and tamales.



Heirloom Winter Squash

These beauties come in many shapes and sizes – round and elongated, scalloped and pear-shaped – with flesh that ranges from golden-yellow to brilliant orange.



Italian Frying Peppers

Long and conical in shape, these peppers range from green to red as the pepper matures. They have a mildly sweet flavor, and are excellent in sautés, pastas, fresh salsas, and chutneys.

Lemon Cucumbers

Tough skin? Bitter taste? Not a chance. These delicate cucumbers can be eaten skin-on, whole, or sliced into salads for a crisp, sweet topping. They're also great pickled.



Fingerling Potatoes

These tiny (2-3") thin-skinned, buttery potatoes don't need to be peeled. Popular varieties include a yellow-skinned Russian banana, a pinky-red-skinned French, and the purple Peruvian.



Known for their distinct sweetness, these tomatoes are noticeably different from hybrid varieties. Heirlooms are open-pollinated making them range in color, flavor, size, and even shape.



KNOW YOUR GROWER

Real good people grow real good food.

New Mexico's most passionate people put their hearts, souls and backs into their living so that you can enjoy the fruits of their labor of love.

- Small family farmers, orchardists, and ranchers: Most of the producers who sell at New Mexico's farmers' markets are small family operations. These folks are passionate about providing fresh, high-quality food to their community.
- Women farmers: According to NM agricultural statistics, 34% of New Mexico farmers are women. When you shop your local farmers' market, you'll see many women who are responsible for planting, harvesting, and selling the beautiful crops.
- Indigenous farmers: Native farmers have a long tradition of agriculture, and with 23 federally recognized Tribes in the state, you will often find traditional crops such as corn, beans, melons, and squash, as well as many other regional favorites.
- Backyard growers: Producing food on an even smaller scale than family farmers are backyard growers who can grow a surprising amount of food in backyard rows and greenhouses. They love what they do and provide abundance at local markets.
- First generation farmers: Home to many immigrants and refugees, New Mexico farmers' markets are a great place for growers from all cultures to share their rich agricultural knowledge and heritage.
 - Urban farmers: As interest in urban farming has grown, more farmers are using innovative techniques to grow crops in urban settings using techniques such as hydroponics, vertical gardens, and edible landscapes.

COLOR your PALATE

There's a whole spectrum of healthy reasons to add some local color to your menu.

This homegrown, color-coded guide is an easy way to sort and track the unique benefits of various locally grown produce.

When it comes to food, variety is the spice of life. So mix, match and munch the rainbow!



red

Supports prostate, urinary tract, and DNA health. Protects against cancer and heart disease.



purple

Good for heart, brain, bone, arteries, and cognitive health. Fights cancer and supports healthy aging.



green

Supports eye health, arterial function, lung health, liver function, and cell health. Helps wound healing and gum health.



white

Supports healthy bones, circulatory system, and arterial function. Fights heart disease and cancer.



yellow/orange

healthy immune function, and healthy growth and development.



YOUR SNAP-EBT FOOD DOLLARS

DUPLICA TUS DOLARES

PARA ALIMENTOS SNAP-EBT





BUY\$1

of SNAP-eligible local food with your New Mexico SNAP-EBT card

GET \$1

We'll match what you spend with FREE New Mexico-grown produce

COMPRA \$1

en alimentos locales elegibles para SNAP con tu tarjeta SNAP-EBT de Nuevo Mexico

Y OBTÉN \$1

de productos cultivados en Nuevo Mexico, GRATIS, igualaremos lo que gastes

This institution is an equal opportunity provider. For food help contact New Mexico SNAP-EBT Customer Service 800-283-4465.

Learn more at DoubleUpNM.org



Esta institución es un proveedor que ofrece igualdad de oportunidades. Para obtener ayuda con comida contacta al servicio al cliente de SNAP-EBT Nuevo Mexico al 800-283-4465.

Más información en DoubleUpNM.org









GUÍA DE MERCADOS REGIONALES



Find yourself at your local market

There are more than 120 farmers' markets, farm stands, CSAs and local food grocers across New Mexico, each as unique as the communities that host them.

Encuéntrese en su mercado local

Hay más de 120 mercados de agricultores, puestos agrícolas, CSA y tiendas de alimentos locales en todo Nuevo México, cada uno tan único como las comunidades que los albergan.

ALBUQUERQUE/CENTRAL ALBUQUERQUE/CENTRO

BERNALILLO COUNTY

FARMERS' MARKETS

CEDAR CREST FARMERS' MARKET

CEDAR CREST 12165 NM-14

Wed/miérc: 3PM-6PM

Season/Temporada: May 10-Mid Oct







DOWNTOWN GROWERS' MARKET

ALBUQUERQUE 810 Copper Ave.. NW Robinson Park: 8th & Central

Sat/sáb: 8AM-12PM

Season/Temporada: Apr/abr 15-Nov 4







LOS RANCHOS GROWERS' MARKET

LOS RANCHOS 6718 Rio Grande Blvd NW Sat/sáb: 8AM-11AM

Season/Temporada: May-Nov

Winter Market

2nd Sat/sáb: 10AM-12PM

Season/Temporada: Dec/dic-Apr/abr



MESA VERDE COMMUNITY **FARMERS' MARKET**

ALBUQUERQUE 7900 Marquette SE Sat/sáb: 3PM-6PM Season/Temporada: Aug 5-Oct 14







MILE HI FARMERS' MARKET

ALBUQUERQUE 2000 Alvarado NE Sun/dom: 10AM-1PM

Season/Temporada: Jun 26-Oct 15



RAIL YARDS MARKET

ALBUQUERQUE 777 1st Street SW Sun/dom: 10AM-2PM

Season/Temporada: May 7-Dec/dic 10







SOUTH VALLEY GROWERS' MARKET

AI BUOUFROUF 3907 Isleta Blvd. SW Sat/sáb: 8AM-12PM

Season/Temporada: Jun 10-Oct 7





BIG JIM FARMS

LOS RANCHOS 4515 Rio Grande Blvd NW Mon-Sun/lun-dom: 8AM-6PM Season/Temporada: Jul 1-Nov 1







CHISPAS FARM

AI BUOUFROUF 229 Saavedra Rd Sat/sáb: 9AM-12PM

Season/Temporada: Jun 3-Mid Oct



THE MARKETS @CARAVAN ON RT 66

Check NMFMA Website for location Sat & Sun/sáb y dom:9AM-4PM Thur & Fri/ juev y vier: 11AM-6PM Season/Temporada: July 6-Nov 18

ABQ/CENTRAL / CENTRO continued

POLK'S FOLLY FARM STAND

CEDAR CREST 12128 N Hwy. 14

Wed-Sun/miérc-dom: 10AM-6PM Season/Temporada: Year-Round



ROSALES PRODUCE

AI BUOUFROUF 2001 Isleta Blvd SW Mon-Sun/lun-dom: 7AM-5PM Season/Temporada: Mid Aug/augosto-Nov







ROSALES PRODUCE

LOS RANCHOS

AI BUOUFROUF

7331 4th St. NW Mon-Sun/lun-dom: 7AM-5PM Season/Temporada: Aug-Nov







TRES HERMANAS FARM

1701 Montano Rd NW Rio Grande Community Farm Fri/vier: 11AM-Sell Out Season/Temporada: May 18-Oct 26



CSA

LA COSECHA CSA

ALBUQUERQUE

Pick Up

Wed & Thur/miérc y juev: 4PM-6:30PM

Fri/vier: 9AM-2PM Season/Temporada:

First week of Jun-Dec/dic 31



NEW MEXICO HARVEST CSA

AI BUOUFROUF AREA Visit www.newmexicoharvest.com Pick up and delivery only Season/Temporada: Year-Round

GROCERY STORES

LA MONTAÑITA CO-OP-NOB HILL

AI BUOUFROUF 3500 Central Ave. SF Mon-Sun/lun-dom: 7AM-9PM Season/Temporada: Year-Round







LA MONTAÑITA CO-OP-**RIO GRANDE**

ALBUQUERQUE 2400 Rio Grande Blvd. NW Mon-Sun/lun-dom: 7AM-9PM Season/Temporada: Year-Round







TINY GROCER

ALBUQUERQUE 1919 Old Town Road NW #6 Mon-Sun/lun-dom: 8AM-6PM Season/Temporada: Year-Round





SANDOVAL COUNTY

FARMERS' MARKETS

BERNALILLO FARMERS' MARKET

BERNALILLO 370 Rotary Park rd Fri/vier: 4PM-7PM

Season/Temporada: Jun 23-Oct 27







CORRALES GROWERS' MARKET

CORRALES

500 Jones Rd. & Corrales Rd. Sun/dom: 9AM-12PM Season/Temporada: Apr 30-Nov 2 Wed/miérc Jul 12-Oct 18: 9AM-12PM

Season/Temporada: Jul 12-Oct 18

Holiday Markets: Sun/don 11AM-1PM Nov 19th, Dec/dic, 3rd, Dec/dic 17th

Winter Markets:

The first Sun/don of the month Jan/enero-Apr/abr: 11AM-1PM



JEMEZ SPRINGS COMMUNITY **FARMERS' MARKET**

JEMEZ SPRINGS 30 Jemez Springs Plaza Sat/sáb: 9AM-11:30AM Season/Temporada: May-Oct



CSA

NEW MEXICO HARVEST CSA

CORALLES/RIO RANCHO Visit www.newmexicoharvest.com/ Delivery Season/Temporada: Year-Round

TORRANCE COUNTY

FARMERS' MARKETS

B STREET MARKET

MOUNTAINAIR 204 Broadway Mon-Sat/lun-sáb: 8AM-7PM Sun/dom: 10AM-3PM

Season/Temporada: Year-Round



KRYSTALS CORNER **FARMERS' MARKET**

MORIARTY 323 Central Ave. Route 66 Sat/sáb: 9AM-12PM Season/Temporada: May 13-Nov 11

FARM STANDS

SCHWEBACH FARM LLC

MORIARTY 807 Martinez Rd. Mon-Sat/lun-sáb: 10AM-6PM Season/Temporada: Late Jul-Mid Nov





GUÍA DE MERCADOS REGIONALES

CENTRAL/SOUTH CENTRO/SUR



SIERRA COUNTY

FARMERS' MARKETS

SIERRA COUNTY FARMERS' **MARKET**

TRUTH OR CONSEQUENCES 300 Riverside Dr. Ralph Edwards Park Sat/sáb: 8:30AM-11:30AM Winter Hours: 10AM-12PM Season/Temporada: Year-Round







SOCORRO COUNTY

FARMERS' MARKETS

SOCORRO FARMERS' MARKET

SOCORRO Plaza Park Sat/sáb: 9AM-12PM Season/Temporada: Jun-Oct 1002 Ake St.

Sat/sáb 10AM-12PM Season/Temporada: Nov-May

FARM STANDS

ROSALES PRODUCE

SOCORRO 16 County Rd 91 Mon-Sun/lun-dom: 9AM-6PM Season/Temporada: Aug/augosto-Dec/dic









VALENCIA COUNTY

FARMERS' MARKETS

BELEN FARMERS' MARKET

BFI FN

315 N 4th St., Anna Becker Park

Fri/vier: 4:30PM-7PM

Season/Temporada: Jun 16-Oct 27







BOSQUE FARMS GROWERS' MARKET

BOSQUE FARMS 1090 North Bosque Loop Sat/sáb: 8AM-12PM

Season/Temporada: Apr/abr 15-Oct 28









LOS LUNAS FARMERS' MARKET

LOSTUNAS

3447 Lambros Circle, Heritage Park Tues/mart: 4PM-7PM

Season/Temporada: May 4-Oct 31









GROCERY STORES/FARM STAND

BOMVIDA FARMS

BFI FN

707 S Main St.

Mon-Sun/lun-dom: 10AM-6PM Season/Temporada: Year-Round









NORTH/NORTHEAST ON NORTE/NORDESTE



COLFAX COUNTY

FARMERS' MARKETS

MORENO VALLEY FARMERS' MARKET

FAGLE NEST 540 W. Therma Hwy. 65 Fri/vier: 10AM-1PM Season/Temporada: Late Jun-Early Sept



GUADALUPE COUNTY

FARMERS' MARKETS

SANTA ROSA FARMERS' MARKET

244 S. 4th Street Sat/sáb: 9AM-12PM Season/Temporada: Apr/abr-Dec/dic 30







HARDING COUNTY

FARMERS' MARKETS

HARDING COUNTY **FARMERS' MARKET**

ROY

557 Wagon Mound Hwy. (Next to El Centro Community Health)

Sun/dom: 10AM-2PM

Season/Temporada: Jun 11-Oct 29





FARMERS' MARKETS

LOS ALAMOS FARMERS' MARKET

LOS ALAMOS

Location A: 2200 Trinity Drive Thurs/iuev: 7: 30AM-12: 30PM

Sat/sáb: 8AM-12PM

Season/Temporada: May 4-Oct 26

Location B: Fuller Lodge Overflow parking lot Thurs/juev: 10AM-12PM

Season/Temporada: Jan-Apr/enero-abr

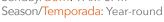




GROCERY STORES

LOS ALAMOS COOPERATIVE MARKET

95 Entrada Drive Mon/lune-Sat/sáb: 8AM-8PM Sunday/dom: 9AM-8PM





MORA COUNTY

FARM STAND

LOS DE MORA LOCAL GROWERS' **COOPERATIVE**

MORA

380 New Mexico Highway 518 Mon-Sat/lun-sáb: 10AM-6PM Season/Temporada: Year-Round





QUAY COUNTY

FARMERS' MARKETS

TUCUMCARI FARMERS' MARKET

Corner of Rt. 66 Blvd. & Date Street Tues/mart: 4PM-7PM Sat/sáb: 9AM-2PM

Season/Temporada: Jul 8-Oct 21





continued next page...

GUÍA DE MERCADOS REGIONALES

NORTH/NORTHEAST / NORTE/NORDESTE continued

FARM STANDS

CARLSON WAY FARM

TUCUMCARI 1402 E Heman Ave. Sat/sáb: 8AM-12PM

Season/Temporada: Jun 3 - Oct 28

GENESIS GARDENS

TUCUMCARI, 3030 N Rock Island St.

Mon-Fri/lun-vier:

open for call in or delivery

575-403-7036 Sat/sáb: 4PM-7PM

Season/Temporada: Year-Round

GROCERY STORES

LEGACY ACRES MARKET AT LA CASA VERDE

TUCUMCARI, 724 E. Main St. Mon-Fri/lun-vier: 10AM-5PM

Sat/sáb: 10AM-2PM

Season/Temporada: Year-Round



RIO ARRIBA COUNTY

FARMERS' MARKETS

ABIQUIU FARMERS' MARKET

2 CR 187 (Next to the Post Office) Tues/mart: 4PM-6PM

Season/Temporada: Jun 6-Oct 31



BLACK MESA WINERY FARM FRIDAY

VELARDE, 1502 Hwy. 68, Mile Marker 15

Fri/vier: 3PM-6PM

Season/Temporada: May 20-Oct 31







DIXON FARMERS' MARKET

2075 SR 68

Wed/miérc: 3:30PM-6:30PM Season/Temporada: Jun 14-Oct







ESPAÑOLA FARMERS' MARKET

1105 N. Railroad Ave. Mon/lun: 9AM-2PM

Season/Temporada: Jun 5-Oct 30





PHARMERS FARMACY

OHKAY OWINGEH 327 Eagle Drive

Friday/viernes: 7AM-12PM

Season/Temporada: Jul/julio-Oct 13

FARM STANDS

BRAZOS VIEW FARMS

LOS OJOS

17103 US Hwy. 84/64

Tues-Fri/mart-vier: 11AM-3PM Season/Temporada: May 9-Nov 21





GROCERY STORES

DIXON COOPERATIVE MARKET

215 NM-75

Mon-Sun/lun-dom: 9AM-6PM Season/Temporada: Year-Round









SAN MIGUEL COUNTY

FARMERS' MARKETS

TIERRA ENCANTADA FARMERS' MARKET

LAS VEGAS, 2513 Hot Springs Blvd.

Sat/sáb: 8AM-Sell Out

Season/Temporada: May 13-Oct







TRI COUNTY FARMERS' MARKET

LAS VEGAS 6th & University Sat/sáb: 8AM-12PM Winter Hours: 11AM-2PM Season/Temporada: Year-Round







PECOS FARMERS' MARKET

13 S. Main Street Sat/sáb: 9AM-12PM Season/Temporada: May 27-Oct 28







GROCERY STORES

SEMILLA NATURAL FOODS

LAS VEGAS, 510 University Ave. Mon-Fri/lun-vier: 10AM-6PM Sat/sáb: 10AM-5PM Season/Temporada: Year-Round







SANTA FE COUNTY

FARMERS' MARKETS

CERRILLOS STATION FARMERS' MARKET

CERRILLOS, 15B First Street Thurs/jue: 4PM-7PM

Season/Temporada: Mid May-Late Oct See NMFMA Website for Winter Hrs

ELDORADO FARMERS' MARKET

SANTA FF 7 Caliente Rd. Fri/vier: 3PM-6PM

Season/Temporada: May 26-Oct 6





PUEBLO OF POJOAQUE FARMERS' MARKET

PO.JOAOUF

78 Cities of Gold Rd. Wed/miérc: 9AM-2PM

Season/Temporada: May 3-Oct 25

THE POJOAQUE INDOOR **FARMERS' MARKET**

Fri/vier: 9AM-2PM

Season/Temporada: Nov 3-Apr/abr 26

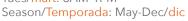


SANTA FE FARMERS' MARKET

SANTA FF

1607 Paseo De Peralta Sat/sáb: 8AM-1PM

Season/Temporada: Year-Round Tues/mart: 8AM-1PM









SANTA FE FARMERS' MARKET **DEL SUR**

SANTA FE 4801 Beckner Rd. Tues/mart: 3PM-6PM

Season/Temporada: Jul 5-Sept 27









continued next page...

NORTH/NORTHEAST / NORTE/NORDESTE continued

FARM STANDS

REUNITY RESOURCES FARM STAND

SANTA FE

1829 San Ysidro Crossing Thurs&Fri/juev y vier: 3PM-8PM Sat&Sun/sáb y dom: 9AM-1PM Season/Temporada: May 6-Mid Nov-







CSA

NEW MEXICO HARVEST CSA

SANTA FE COUNTY Visit www.newmexicoharvest.com/ Pick up and delivery only Season: Year-Round

GROCERY STORES

VILLAGE GREENGROCER

MADRID

3 Firehouse Lane Unit # 4 Mon Wed-Fri/miérc-vier: 12PM-6PM Sat-Sun/sáb-dom: 10AM-4PM Season/Temporada: Year-Round







LA MONTAÑITA CO-OP-SANTA FE

SANTA FE 913 West Alameda St.

Mon-Sun/lun-dom: 7AM-9PM Season/Temporada: Year-Round







TAOS COUNTY

FARMERS' MARKETS

PEÑASCO FARMERS MARKET

15086 State Hwy. 75 Sunday/domingo: 8AM-1PM Season/Temporada: Jun 25-Sep 16

QUESTA FARMERS' MARKET

OUFSTA

Questa Visitor Center Parking Lot (Intersection of Hwy. 38 & 522)

Sun/dom: 10AM-2PM

Season/Temporada: May 28-Oct 1



RED WILLOW FARMERS' MARKET

TAOS

885 Star Road

Wed/miérc: 11AM-2PM

Season/Temporada: May 24-Oct 25









TAOS FARMERS' MARKET

TAOS

105 Albright St.

Sat/sáb: 8AM-12:30PM

Season/Temporada: May 13-Nov 18







FARM STANDS

CERRO VISTA FARM

CFRRO

198 Lower Buena Vista Road Wed/miérc: 3PM-6PM Season/Temporada: Late Jun-Late Sept



GROCERY STORES

CID'S FOOD MARKET

TAOS

623 Paseo del Pueblo Norte Mon-Sat/lun-sáb: 8AM-8PM Season/Temporada: Year-Round







NORTHWEST/ **NOROESTE**



CIBOLA COUNTY

FARMERS' MARKETS

GRANTS FARMERS' MARKET

GRANTS

700 W Santa Fe Ave. Sat/sáb: 9AM-12:30PM

Season/Temporada: May 6-Mid Oct







MCKINLEY COUNTY

FARMERS' MARKETS

GALLUP FARMERS' MARKET

GALLUP

215 W. Aztec Gallup Downtown

Courthouse Plaza

Sat/sáb: 8:30AM-11:30AM

Season/Temporada: May 20-Oct 14





RAMAH FARMERS' MARKET

RAMAH

12 Bloomfield St. (In front of the Ramah Museum on the corner of Bloomfield & Lewis) Sat/sáb: 10AM-12PM

Season/Temporada: Late Jun-Nov







FARM STANDS

Community Food Pantry Hope Garden **GALLUP**

1130 E. Hasler Valley Rd. Mon-Fri/lun-vier: 8AM-5PM Season/Temporada: Year-Round







GROCERY STORES

LA MONTAÑITA CO-OP-GALLUP

GALLUP

105 Fast Coal Ave.

Mon-Sun/lun-dom: 8AM-8PM Season/Temporada: Year-Round





RAMAH

4019 Ice Caves Road

Thurs-Sat/lun-sáb: 11AM-4PM Season/Temporada: Year-round



SAN JUAN COUNTY

FARMERS' MARKETS

AZTEC FARMERS' MARKET

1409 W. Aztec Blvd. Wed/miérc: 4:30PM-7PM Season/Temporada: Jul 5-Oct 25







BLOOMFIELD GROWERS' MARKET

BLOOMFIELD

First Street & Broadway Bishop Square

Thurs/juev: 4PM-6PM Season/Temporada: Jul 6-Oct 19







FARMINGTON GROWERS' MARKET

FARMINGTON 3041 E. Main St.

Wed/miérc: 4PM-6PM

Sat/sáb (Jun-Sept): 8AM-12PM Sat/sáb (Oct-May): 9AM-12PM Season/Temporada: Jun 24-Oct 28





continued next page...

NORTHWEST/NOROESTE continued

KIRTLAND GROWERS' MARKET

43 Road 6500 Mon/lun: 5PM-7PM

Season/Temporada: Jul 3-Oct 30







SHIPROCK FARMERS' MARKET

US Hwy. 64 Shiprock Chapter House Wed/miérc: 12PM-6PM Sat/sáb: 8AM-12PM

Season/Temporada: Jul 15-Oct 28







FARM STANDS

ELDER'S GREENHOUSE & GARDEN

AZTEC 30 County Road 3008 Mon-Sat/lun-sáb: 9AM-6PM Sun/dom: 1PM-4PM

Season/Temporada: Apr-Oct

Credit/Debit





TOWNSEND FARMS

AZTEC 16342 US-550

Mon-Sun/lun-dom: 10AM-6PM Season/Temporada: Jul-Oct



FOOD HUBS

THE HARVEST FOOD HUB

FARMINGTON 310 W. Animas

Wed/miérc: 3PM-6:30PM Thurs & Fri/juev y vier: 3PM-6:30PM

Sat/sáb: 11AM-3PM

Mobile market at San Juan College

Thurs/juev 3PM-6PM

Season/Temporada: Jun 1-Oct 31





SOUTHEAST/ SURESTE



CHAVES COUNTY

FARMERS' MARKETS

MAINSTREET ROSWELL FARMERS' MARKET

400 N Main Street Sat/sáb: 7AM-11AM

Season/Temporada: Jul 7-Mid Oct





FARM STANDS

GRAVES FARM & GARDEN

ROSWELL 6265 S. Graves Road Mon-Sat/lun-sáb: 8:30AM-5PM Season/Temporada: Year-Round









CURRY COUNTY

FARMERS' MARKETS

CLOVIS FARMERS' MARKET

2809 N. Prince Sat/sáb: 8AM-Sell Out Tues/mart: 5PM-Sell Out Season/Temporada: Jul 1-Oct 28







DE BACA COUNTY

FARMERS' MARKETS

FORT SUMNER FARMERS' MAKERS' MARKET

1099 F Sumner Ave. Sat/sáb: 9AM-11AM

Season/Temporada: Jul 8-Oct 21







EDDY COUNTY

FARMERS' MARKETS

CARLSBAD DOWNTOWN FARMERS' MARKET

102 S. Canyon Eddy County Courthouse Lawn Thurs/juev: 5:30PM-7:30PM Season/Temporada: Mid Jun-Late Sept





LEA COUNTY

FARMERS' MARKETS

HOBBS AMERICA FARMERS' MARKET

4300 N Lovington Highway, Green Meadows Lake Sat/sáb: 9AM-1PM Season/Temporada: Jun 3-Oct 28



OTERO COUNTY

FARMERS' MARKETS

ALAMOGORDO FARMERS' MARKET

LOCATION A: 100 Washington Ave.

Sat/sáb: 10AM-12PM

Season/Temporada: Jun 3-Oct 29

LOCATION B: 900 New York Ave. Wed/miérc: 6PM-8PM Season/Temporada: Jun-Oct









ROOSEVELT COUNTY

FARMERS' MARKETS

PORTALES FARMERS' MARKET

PORTALES

First Street and Avenue B Mon/lun: 5PM-Sell Out Thurs/juev: 5PM-Sell Out Season/Temporada: Jul 3-Oct 30





FARM STANDS

VEGGIE SHACK

PORTALES 42609 US Highway 70 Mid Apr/abr-Oct: Mon-Sun/lun-dom: 9AM-6PM

Nov-early Apr/abr:

Fri-Sun/vier-dom: 10AM-4PM Season/Temporada: Year-Round







REGIONAL MARKET GUIDE GUÍA DE MERCADOS REGIONALES

SOUTHWEST/ SUDOESTE



CATRON COUNTY

FARMERS' MARKETS

QUEMADO FARMERS' MARKET

3545 US-60 Sat/sáb: 10AM-2PM

Season/Temporada: Apr/abr 1-Oct 21

DOÑA ANA COUNTY

FARMERS' MARKETS

FARMERS' MARKET AT ARDOVINO'S DESERT CROSSING

SUNLAND PARK 1 Ardovinos Dr. Sat/sáb: 8AM-12PM Oct-Apr/abr: 9AM-1PM Season/Temporada: May-Sept



FARMERS' & CRAFTS MARKET OF LAS CRUCES

221 North Main St. Wed/miérc: 8:30AM-1PM Sat/sáb: 8:30AM-1PM Season/Temporada: Year-Round



FAIR FARMERS' MARKET OF LAS CRUCES

135 E Griggs Ave., Plaza de Las Cruces

Sun/dom: 8AM-12PM Season/Temporada: Jun-Sept

Winter Market: 2nd & 4th Sun/dom:

9AM-1PM

Season/Temporada: Oct-Apr/abr



FARM STANDS

ALDANA'S FARM STAND

CHAPARRAI 648 Hermosa Drive Sat/sáb: 9AM-12PM Wed/miérc: 9AM-Sell Out Season/Temporada: Year-Round



MOBILE MARKETS

LA SEMILLA FARM FRESH **MOBILE MARKET**

ANTHONY 101 East Joy Drive Sat/sáb: Pick up Check website for more details Season/Temporada: Year-Round









GRANT COUNTY

FARMERS' MARKETS

GILA VALLEY FARMERS' MARKET

400 Hwy. 211 at the Gila Community Center Wed/miérc: 9AM-12PM Season/Temporada: Jul-Oct







MIMBRES VALLEY FARMERS' MARKET

HANOVER 2739 Hwy. 35 Valle Mimbres Market Sat/sáb: 10AM-12PM Season/Temporada: Mid Jul-Early Oct





SILVER CITY FARMERS' MARKET

901 Pope St. on the Corner of Pope St. & College Ave. Sat/sáb: 9AM-12PM Season/Temporada: Year-Round









FOOD HUBS

FRONTIER FOOD HUB-**MOBILE MARKET**

SILVER CITY AND SURROUNDING COUNTIES

Pick up in Grant, Hidalgo, Luna, and Catron counties

Wed/miérc:

Season/Temporada: May-Nov





GROCERY STORES

SILVER CITY FOOD CO-OP

520 N Bullard St.

Mon-Sat/lun-sáb: 9AM-7PM

Sun/dom: 11AM-5PM

Season/Temporada: Year-Round









Be sure to check our websites for the latest market updates!

FarmersMarketsNM.org DoubleUpNM.org



28

FOOD FAMILY AND FUN

Visiting your farmers' market might surprise you!

In addition to delicious local ingredients, you might also find everything from just-picked flowers to freshly baked bread.

Arts, crafts and culture are alive and well all across our state, and your local market isn't just a great place for produce, it's also a family destination and celebration of New Mexico life!













SAVOR EVERY SEASON

This seasonal guide is a great start to finding your favorites or discovering something new.

And, don't forget, there's no better source than chatting with your local growers to learn about their unique seasonal offerings.



SPRING

MAR - MAY

Asparagus
Broccolini
Bok Choy
Chard
Cooking Greens
Fresh Herbs
Kale
Lettuce
Peas
Radishes
Rhubarb
Salad Greens
Spinach
Turnips



SUMMER

JUN - AUG

Beans
Carrots
Cherries
Sweet Corn
Cucumbers
Eggplant
Green Chile
Heirloom Tomatoes
Fresh Herbs
Nectarines
Peaches
Plums
Summer Squash
Watermelons



SEP - NOV

Apples
Blackberries
Beets
Eggplant
Fennel
Garlic
Green Chile
Leeks
Melons
Okra
Onions
Pears
Potatoes
Tomatillos



WINTER

DEC - FEB

Arugula
Cabbage
Dried Corn
Hard Squash
Jams & Jellies
Jerusalem Artichokes
Kale
Mustard Greens
Onions
Pecans
Potatoes
Red Chile
Rutabaga
Spinach





HEIRLOOM TOMATO GALETTE: This simple, rustic recipe makes showcasing the fabulous flavor of fresh locally grown tomatoes as easy as pie.

WINTER SQUASH, CHORIZO AND BLACK BEANS:

This savory dish is the perfect thing to warm your bones...and your soul.

INGREDIENTS:

(Makes two, two-serving galettes)

Use your favorite pastry dough recipe or ready-to-bake pie crust

1/2 cup ricotta cheese, drained

1/2 cup grated parmesan

1 pound of fresh, local tomatoes (halved cherry tomatoes or sliced heirloom tomatoes)

1 tablespoon olive oil

Salt and pepper, to taste

INSTRUCTIONS:

- 1. Mix together the ricotta and parmesan cheeses in a bowl and set aside.
- 2. Press dough into two flattened 8" rounds.
- 3. Place rounds onto an oiled cookie sheet.
- 4. Spread cheese mixture onto dough and flatten to within 2" of the dough's rim.
- 5. Press the tomatoes into the cheese mixture and drizzle with olive oil.
- 6. Loosely fold a two-inch rim onto itself, and pinch intermittently to seal.
- 7. Bake at 400F for 25 to 30 minutes, or until the crust is golden.

INGREDIENTS:

(Makes four servings)

1 pound local chorizo

15-ounce can black beans, rinsed and drained (or, feel free to cook up some dried beans)

2 pounds local winter squash (such as Red Kuri, Delicata, Sweet Dumpling, etc.)

INSTRUCTIONS:

- 1. Wash squash, cut off the stem, slice in half, and remove the seeds.
- 2. Chop the squash into one-inch pieces, drain the black beans, and set both aside.
- 3. Cook the chorizo in a skillet over medium heat, stirring occasionally. Add the squash and stir to coat with the chorizo's juices.
- 4. Cover the skillet with a lid, and simmer on low heat until the squash is fork-tender (about 20 minutes).
- 5. Add the black beans, and stir until heated.



SWEET VEGGIE SMOOTHIES: The natural sweetness of local carrots and beets makes them the perfect base for these refreshingly cool and tasty smoothies.

RADISH SALSA FRESCA: The invigorating crunchiness of local radishes, cucumber, and onions get a zesty kick from chile, lime juice, garlic, and cilantro.

INGREDIENTS:

1 cup sliced carrots and/or beets

1 large apple, diced

4 cups orange juice or cooled green tea

10 ice cubes

1/2 cup yogurt (optional)

INSTRUCTIONS:

- 1. Peel and slice local carrots and or beets.
- 2. Core and dice the apple. (You can leave the peel on!)
- 4. Add all ingredients into the blender and blend until smooth.

For a creamier texture, try adding a little plain yogurt to the mix!

INGREDIENTS:

2 cups chopped radishes

½ cucumber, peeled and diced

½ small red onion, chopped

1 tablespoon minced fresh chile

1 scallion, thinly sliced

1 teaspoon minced garlic

2 tablespoons lemon or lime juice

1/4 cup chopped fresh cilantro

INSTRUCTIONS:

- 1. Put all the ingredients in a medium bowl and mix thoroughly.
- 2. Taste and adjust the seasoning, adding more chile, lemon, or salt as needed.
- 3. Serve immediately or cover and refrigerate for up to a day.



NUTURING our communities

You may not realize it, but chances are someone close to you is benefiting from the New Mexico Grown program.

Funded by the state of New Mexico and the USDA, New Mexico Grown improves community wellness. It supports local farmers and ranchers by getting people locally grown food where they are – in preschools, public schools, senior centers, and via food bank and food pantry operations.

New Mexico Grown helps communities across the state, and right in your own neighborhood!



To find out more about New Mexico Grown, visit **NewMexicoFMA.org**



Weekly Market Reminders
Seasonal Local Recipes
Healthy Eating & Nutrition Tips

Sign up for texts from GoodFoodNM!



Text "GUIDE" to 21333



Scan with your phone camera

By texting GUIDE, you consent to recurring messages from GoodFoodNM; Message & data rates may apply. You can text STOP to quit & HELP for info.



LOCAL is brought to you by the folks at the New Mexico Farmers' Marketing Association.

The **NMFMA** is a nonprofit organization founded on the belief that when farmers can sell their food directly to people in their community, we all benefit.



